

Shakti Ayurveda School Ayurvedic Wellness Coach (Level 1) Certification 2020 Schedule

Overview:

- ❖ Program runs mid-January to mid-December
- ❖ Lectures on all Wednesdays 2-5 PM (3hrs)
- ❖ Most classes will be live stream, some will be pre-recorded but will be released at the same times as live streams.
- ❖ Office Hours: 1 Thursday per month, dates TBD
- ❖ Please note, all times are in EASTERN US STANDARD

Wednesday - January 15 (First Class)

Wednesday - January 22

Wednesday - January 29

Wednesday - February 5

Wednesday - February 12

Wednesday - February 19

Wednesday - February 26

Wednesday - March 4

Wednesday - March 11

Wednesday - March 18

Wednesday - March 25

Wednesday - April 1

Wednesday - April 8

Wednesday - April 15

Wednesday - April 22

Wednesday - April 29

Wednesday - May 6

Wednesday - May 13



Wednesday - May 20
Wednesday - May 27

Wednesday - June 3
Wednesday - June 10
Wednesday - June 17
Wednesday - June 24

Wednesday - July 1
Wednesday - July 8
Wednesday - July 15
Wednesday - July 22
Wednesday - July 29

Summer Recess: No Classes August 1-8

Wednesday - August 12
Wednesday - August 19
Wednesday - August 26

Wednesday - September 2
Wednesday - September 16
Wednesday - September 23
Wednesday - September 30

Wednesday - October 7
Wednesday - October 14
Wednesday - October 21
Wednesday - October 28

Wednesday - November 4
Wednesday - November 6
Wednesday - November 11
Wednesday - November 25

Wednesday - December 2
Wednesday - December 9
Wednesday - December 16 (Final Class)

Dates/times subject to change.

